



CHECK LIST

What *you* need to bring on the day!

- Goggles
- Bathers/Tri Suit/Singlet/Shorts
- Bike!
- Bike Shoes and/or Joggers
- Helmet
- Drink Bottle
- Sunscreen
- Socks
- Sunglasses
- Hat
- Towel for transition and after the event
- Race Pack (collected on Saturday 12 March)

TIP - THINK ABOUT EVERYTHING YOU NEED DURING THE EVENT FROM CHECKING YOUR BIKE INTO TRANSITION RIGHT THROUGH TO CROSSING THE FINISH LINE. THAT WAY YOU WILL ENSURE YOU DON'T MISS ANY NECESSARY ITEMS!